

# How to Advocate for the Parental Rights Amendment

## A Step-by-Step Guide to Making Your Voice Heard During August Recess

### Why August Matters

Every August, members of Congress return to their home districts for a legislative recess. That makes now the perfect time to meet with your elected officials face-to-face and advocate for something that matters deeply: your right to raise your children without unnecessary government interference.

Whether you're going alone or bringing a few friends, this is a powerful opportunity to speak up.

### Step 1: Identify Your Representatives

You are represented by two U.S. Senators and one U.S. Representative. Use these official links to find their contact information:

- Find your House Representative: [www.house.gov/representatives/find-your-representative](http://www.house.gov/representatives/find-your-representative)
- Find your Senators: [www.senate.gov/senators/senators-contact.htm](http://www.senate.gov/senators/senators-contact.htm)

We recommend reaching out to all three. Even if you're unsure where they stand, your voice matters.

### Step 2: Request a Meeting

Using the info you found in Step 1, call or email your lawmaker's local district office and request a meeting with the lawmaker or a staff member - either is valuable.

#### Sample Email Request:

Subject: Request for Meeting During August Recess – Parental Rights Amendment  
Dear [Congressperson/Senator Last Name],

My name is [Your Name], and I am a constituent from [City or ZIP Code]. I'm writing to request a meeting with you or your staff during the August recess to discuss the Parental Rights Amendment.

This proposed constitutional Amendment is deeply important to me as a parent and a citizen who believes that families—not government—should have the primary responsibility for raising children.

Please let me know when we can meet in your district office. I would be honored to share why this issue matters to me and many others in our state.

Thank you for your time and service.

Sincerely,  
[Your Name]  
[Your Email]  
[Your Phone Number]

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### Step 3: Prepare for Your Meeting

You don't need to be a policy expert — just prepared and sincere.

#### Key Talking Points

- The Constitution doesn't clearly define parental rights — and that puts families at risk.
- This Amendment ensures that courts treat parental rights as fundamental, not optional.
- I want my representative to support or co-sponsor the Parental Rights Amendment.
- I believe parents — not government agencies — should guide decisions about a child's education, healthcare, and values.

#### Optional Summary (Your “Elevator Pitch”):

“I support the Parental Rights Amendment because I believe the government shouldn't interfere in how we raise our children unless there's clear evidence of harm. This amendment protects that principle at the constitutional level.”

#### Pro Tips:

- **Decide who says what** if you're attending with others.
- **Practice out loud** so you feel more confident and clear.
- **Bring a one-pager** to leave behind. It helps reinforce your message.
- **Dress professionally** and arrive a few minutes early as a group.

*Bonus Tip:* Children are welcome and can make a powerful impression. It is important, though, that they be well behaved and not a distraction.

### Step 4: Make Your Visit Count

When your meeting starts:

- Be polite and clear — you can be persuasive without being pushy.
- Stick to 2–3 talking points and allow time for dialogue.
- Don't worry if you don't know the answer to a question. Say: “I'm not sure, but I will find out and get back to you.”

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### Step 5: Follow Up

After your meeting, send a brief thank-you note or email.

#### Sample Thank-You Note:

Dear [Staffer's or Rep's Name],

Thank you for meeting with me to discuss the Parental Rights Amendment. I'm grateful for your time and for the chance to share why this issue matters so much to families like mine.

Please don't hesitate to reach out with questions. I hope [Congressman/Senator Last Name] will consider supporting or co-sponsoring this important Amendment.

Best regards,  
[Your Name]

*Mention any staffers by name who were helpful – they'll appreciate it and remember you.*

### Important Reminder

Even if your lawmaker disagrees with you or doesn't commit to anything on the spot, **your visit still matters**. Showing up builds awareness, opens a door for future conversations, and sends a strong message that this issue matters to voters.

### Still Have Questions?

**We're here to help.** If you're unsure how to schedule a meeting, what to say, or what the amendment is about:

Visit: [www.parentalrightsfoundation.org](http://www.parentalrightsfoundation.org)

Email: [info@parentalrightsfoundation.org](mailto:info@parentalrightsfoundation.org)

We'll gladly walk you through the next step!